

FIRE SAFETY TIPS



Did you know?

- As of July 1, 2022, carbon monoxide and smoke alarms are mandatory in all Saskatchewan homes, regardless of the building's age.

Install and test smoke alarms

- Install at least one smoke alarm on each level of your home where people sleep.
- Interconnect smoke alarms for the best protection.
- Test your smoke alarms once a month and replace the batteries once a year.
- Replace your smoke alarms every 10 years or sooner, according to manufacturer's instructions.



Crawl low under smoke

- Crawl on your hands and knees to the nearest exit.
- Keep your head 30 to 60 cm (12 to 24 inches) above the floor.
- Fire will cause smoke and poisonous gases to rise, leaving the air near the floor cleaner and cooler.

Stop, drop and roll if your clothes catch on fire

- Stop what you are doing, drop to the ground, cover your face and roll over and over until the fire is out.
- Smother the fire using a blanket, towel or coat if someone is unable to roll on his or her own.



Prepare and practise your escape

- Prepare and practise a fire escape plan with all members of your family.
- Plan two ways out of each room.
- Do not include using an elevator in your fire escape plan.
- Select a safe meeting place outside of your home.
- Plan to call 9-1-1 when you are safely outside.

Smoking safety

- Never smoke in bed or when you are drowsy from alcohol, medication or drugs.
- Smoke outside. Most fire deaths result from fires that started in the living room, family room or bedroom.
- Use a deep sturdy ashtray, even outside.
- Never discard cigarettes in potted plants, landscaping, leaves or other things that could easily ignite.



Be careful when cooking

- Stay in the kitchen when you are frying, grilling or broiling food. If you must leave the kitchen, turn the stove off.
- Check your food regularly, remain in the house and use a timer if you are simmering, baking, roasting or boiling food.
- Never wear loose fitting clothing while cooking.
- Keep anything that can catch fire – oven mitts, wooden utensils, food packaging, towels or curtains away from your stovetop.
- Fight small cooking fires by sliding a lid over the pan, turning the stovetop off and leaving the pan covered until it is completely cooled.
- If you have any doubt about fighting the fire, get out immediately and call 9-1-1.
- If you decide to fight the fire, but it does not go out, leave your home and call 9-1-1 immediately.



Give space heaters space

- Keep portable space heaters 1 metre (3 feet) away from anything that can burn, such as upholstered furniture, clothing, mattresses or bedding.
- Keep children at least 1 metre (3 feet) away from space heaters.
- Never leave a space heater on when you go to bed or leave the house.



Electrical safety

- Check all electrical cords and replace any that are frayed or cracked.
- Use extension cords for short periods of time and do not overload them.
- Do not run extension cords under rugs or carpets.
- Only use light bulbs that match the recommended wattage on the lamp or fixture.

Matches and lighters

- Use only child-resistant lighters.
- Store matches and lighters up high where children cannot see or reach them.
- Teach children that matches and lighters are tools to be used by adults.

How to cool a burn

- Put the burn in cool water for 5 to 10 minutes to ease the pain.
- Never use butter or any other grease on a burn; it seals in the heat and allows it to continue to burn.
- Seek medical attention immediately if a burn is blistered or charred.



**IN AN EMERGENCY,
CALL 9-1-1.**



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